



**APPLICATION OF A POTENTIAL SUPERVISOR in the recruitment process of doctoral students and participants and/or TUTOR/SCIENTIFIC TUTOR of the extramural/external mode ("mode E") at SWPS University**

<b>Name and surname of the supervisor</b>	<b>Ewa Gruszczyńska</b>
<b>Name of the research center/research group/artistic group to which the supervisor belongs</b>	<b>Health &amp; Coping Research Group Centrum badań nad zdrowiem i radzeniem sobie</b>
<b>List of the most important scientific publications, completed and ongoing research grants; link to ORCID and/or to the ResearchGate/Academia.edu profile (or other website presenting scientific/artistic achievements)</b>	<ol style="list-style-type: none"><li>1. Gruszczyńska, E., &amp; Rzeszutek, M. (2024). Daily stigma and daily emotional well-being among people living with HIV: Testing a buffering hypothesis of social support during the COVID-19 pandemic. <i>Applied Psychology. Health and well-being</i>, 16(2), 477–496. <a href="https://doi.org/10.1111/aphw.12500">https://doi.org/10.1111/aphw.12500</a></li><li>2. Rzeszutek, M., Czerwonka, M., Stasiak, A., Drabarek, K., Van Hoy, A., Pięta-Lendzion, M., &amp; Gruszczyńska, E. (2025). Stability of subjective well-being during the economic crisis: A four-wave latent transition analysis in a national sample of Poles. <i>Applied Psychology. Health and Well-being</i>, 17(1), e12595. <a href="https://doi.org/10.1111/aphw.12595">https://doi.org/10.1111/aphw.12595</a></li><li>3. Pięta-Lendzion, M., Rzeszutek, M., Tsukayama, E., Blackie, L. E. R., &amp; Gruszczyńska, E. (2024). Daily emotional dynamics and changes in posttraumatic growth and posttraumatic depreciation among people living with HIV. <i>Journal of Psychosomatic Research</i>, 176, 111552. <a href="https://doi.org/10.1016/j.jpsychores.2023.111552">https://doi.org/10.1016/j.jpsychores.2023.111552</a></li><li>4. Gruszczyńska, E., &amp; Rzeszutek, M. (2023). HIV/AIDS stigma accumulation among people living with HIV: A role of general and relative minority status. <i>Scientific reports</i>, 13(1), 10709. <a href="https://doi.org/10.1038/s41598-023-37948-7">https://doi.org/10.1038/s41598-023-37948-7</a></li><li>5. Rzeszutek, M., &amp; Gruszczyńska, E. (2021). Inertia, innovation, and cross-lagged effects in negative affect and rumination: daily diary study among people living with HIV. <i>Anxiety, Stress, and Coping</i>, 34(4), 411–422. <a href="https://doi.org/10.1080/10615806.2021.1887481">https://doi.org/10.1080/10615806.2021.1887481</a></li><li>6. Gruszczyńska, E., &amp; Rzeszutek, M. (2020). Affective well-being, rumination, and positive reappraisal among people living with HIV: A measurement-burst diary study. <i>Applied Psychology: Health and Well-Being</i>, 12(3), 587–609. <a href="https://doi.org/10.1111/aphw.12198">https://doi.org/10.1111/aphw.12198</a></li><li>7. Basinska, B. A., &amp; Gruszczyńska, E. (2020). Burnout as a State: Random-Intercept Cross-Lagged Relationship Between Exhaustion and Disengagement in a 10-Day Study. <i>Psychology Research and Behavior Management</i>, 13, 267–278. <a href="https://doi.org/10.2147/PRBM.S244397">https://doi.org/10.2147/PRBM.S244397</a></li></ol>

	<p>8. Gruszczyńska, E. &amp; Rzeszutek, M. (2019). Trajectories of Health-Related Quality of Life and Perceived Social Support Among People Living With HIV Undergoing Antiretroviral Treatment: Does Gender Matter? <i>Frontiers in Psychology</i>, 10, 1664. <a href="https://doi.org/10.3389/fpsyg.2019.01664">https://doi.org/ 10.3389/fpsyg.2019.01664</a></p> <p>9. Rzeszutek, M., &amp; Gruszczyńska, E. (2018). Paradoxical effect of social support among people living with HIV: A diary study investigating the buffering role of relationship status. <i>Journal of Psychosomatic Research</i>, 109, 25–31. <a href="https://doi.org/10.1016/j.jpsychores.2018.03.006">https://doi.org/10.1016/j.jpsychores.2018.03.006</a></p> <p>10. Gruszczyńska, E., Knoll, N. (2015). Meaning-focused coping, pain, and affect: a diary study of hospitalized women with rheumatoid arthritis. <i>Quality of Life Research</i>, 24, 2873-2883, <a href="https://doi.org/10.1007/s11136-015-1031-6">https://doi.org/10.1007/s11136-015-1031-6</a></p> <p>Currently conducted research projects:  NCN, 2020/39/G/HS6/02216, BEETHOVEN CLASSIC 4 PROSPECT: <i>Providing Social Support and Health: Conditions and Temporal Dynamics</i>  Consortium of SWPS University and Medical School Berlin, Germany  PI in Medical School Berlin: prof. Lisa Marie Warner  Time frame: 2022-2026</p> <p>NCN, 2023/51/B/HS6/00332  <i>Dyadic support exchange, affective well-being and HIV/AIDS stigma: A daily diary study among intimate couples of people living with HIV</i>  Consortium of SWPS University and University of Warsaw  PI in University of Warsaw: dr hab. Marcin Rzeszutek  Time frame: 2024-2027.</p> <p><a href="https://www.researchgate.net/profile/Ewa-Gruszczynska-2">https://www.researchgate.net/profile/Ewa-Gruszczynska-2</a></p>
<p><b>Discipline</b> for a future doctoral dissertation (possible: sociology, political and administrative sciences, culture and religion sciences, literary studies, psychology, fine arts and art conservation)</p>	<p>psychology</p>
<p><b>A brief description</b> of the research directions pursued by the supervisor (a few sentences describing the scientific/artistic specialization; main research problems; scientific interests) and a possible link to the website/research team</p>	<p>My area of expertise is health psychology, with a particular focus on coping with stress and, more recently, on social support exchange. I carry out research in natural settings, leveraging opportunities created by emerging technologies. I have experience successfully conducting longitudinal and intensive longitudinal studies, including diary studies and Ecological Momentary Assessment studies. I am always open to exploring and introducing advanced statistical models that align with the hierarchical and dynamic nature of such data.</p> <p><a href="#">Health &amp; Coping Research Group</a></p>

<b>Thematic areas</b> of planned doctoral dissertations	<p>Daily dynamics of coping with stress in the context of hedonic and eudaimonic well-being</p> <p>The provision of social support on a daily basis and its effects on the support provider</p> <p>Coping with stress and burnout</p> <p>I am also open to topics within my expertise, particularly those relating to specific clinical samples dealing with chronic somatic health conditions (rheumatoid arthritis, HIV/AIDS, endometriosis, etc.).</p>	
<b>Number of people</b> that the supervisor/scientific supervisor would be able to accept as a result of recruitment in the academic year 2025/2026:	<b>to the Doctoral School</b> (doctoral scholarship financed by SWPS University)	Number: 1
	<b>for national and international research projects or grants</b> (doctoral scholarship financed from grant funds)	Number: 0 Project name:
	<b>to the Industrial Doctorate program</b> (doctoral scholarship financed by the Ministry of Science and Higher Education)	Number: 0
	<b>for external mode</b> (no doctoral scholarship)	Number: 1
<b>Number</b> of currently conducted doctorates:	in Doctoral School	Number: 1
	in external mode	Number: 0
<b>The number of doctoral students promoted so far</b> , along with the year of completing their doctoral degrees:	1 as supervisor (2024), 1 as co-supervisor (2016, with distinction)	
<b>RECRUITMENT</b> Candidates should contact their selected potential supervisors who are members of centers and/or research teams		
<b>Conditions</b> to be met by the candidate in the field of: scientific interests; scientific competences; achievements to date; knowledge of foreign languages; social competences; availability, etc.	<ul style="list-style-type: none"> <li>• Interest in health psychology, demonstrated by knowledge of current trends in the field of a potential PhD thesis</li> <li>• Interest in hierarchical, dyadic, and DSEM models (practical skills in using Mplus and R would be a strong asset)</li> <li>• Strong self-management in acquiring new knowledge and skills, as well as solving problems</li> <li>• Reasonable flexibility in working hours</li> <li>• At least B2 level in English is a must</li> <li>• A track record of: <ol style="list-style-type: none"> <li>(1) Scientific publications and conference presentations</li> <li>(2) Experience working in research projects, especially in conducting longitudinal research in natural settings and/or clinical samples,</li> </ol> would be an additional asset </li> </ul>	
<b>Preferences</b> regarding contact with the candidate during recruitment	<input checked="" type="checkbox"/> E-mail contact: please provide e-mail address/: egruszczynska@swps.edu.pl <input type="checkbox"/> Telephone contact: <i>please provide phone number:</i> -----	

	<input checked="" type="checkbox"/> Personal meetings )by prior arrangement by e-mail/telephone.) <input type="checkbox"/> All forms of contact
<b>Preferred dates, times and location</b> (in the period March-June 2025) in order to conduct an interview with the candidate	The date for the meeting should be agreed upon at least 7 days in advance, with a preference for an in-person meeting at SWPS University. If that is not possible, an online meeting should be considered as a second option.
<b>Information</b> about possible absence preventing candidates from contacting a potential supervisor (with dates)	Due to my position as vice-rector at SWPS University, I am unable to provide precise dates of (un)availability in advance. However, in instances where these periods are short, they should not significantly affect the recruitment process. In cases where they are more extended, scheduling an online meeting remains a viable option.