Recruitment 2025/2026

Recruitment form – supervisor/scientific supervisor

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| **APPLICATION OF A POTENTIAL SUPERVISOR in the recruitment process of doctoral students and participants** **and/or TUTOR/SCIENTIFIC TUTOR of the extramural/external mode (“mode E”) at SWPS University** |
| **Name and surname** of the supervisor | **Ewelina Smoktunowicz** |
| **Name of the research center/research group/artistic group** to which the supervisor belongs | **StresLab: Stress Research Centre** |
| **List** of the most important scientific publications, completed and ongoing research grants; link to ORCID and/or to the ResearchGate/Academia.edu profile (or other website presenting scientific/artistic achievements) | **Publications**: <https://orcid.org/0000-0002-1748-3876>**Research grants:***“SMILE: Supporting Mental Health in Young People: Integrated Methodology for cLinical dEcisions and evidence-based interventions”* awarded by European Union (Horizon Europe); 05/2023 – 10/2026; *338 837, 50* € (Polish budget); **Partner in consortium & Principal Investigator for Polish partner***“Multidimensional structure of work-family and family-work conflict: does it matter? Consequences for stress, and job and family satisfaction.”* awarded by the National Science Centre in Poland (SONATA); 10/2021 – 09/2026; 420,216 PLN; **Principal Investigator***“Med-Stress: Internet Intervention Preventing Job Stress Among Medical Professionals.”* awarded by the National Centre for Research and Development in Poland; 01/2017 – 12/2019; 564, 146 PLN; **Principal Investigator***“Beyond Work: expanding Job Demands-Resources model by introducing own and life partner's non-work related resources.”* awarded by the National Science Centre in Poland, Doctoral grant (PRELUDIUM); 07/2013 – 07/2016; 94,213 PLN; **Principal Investigator** |
| **Discipline** for a future doctoral dissertation (possible: sociology, political and administrative sciences, culture and religion sciences, literary studies, psychology, fine arts and art conservation) | Psychology |
| **A brief description** of the research directions pursued by the supervisor (a few sentences describing the scientific/artistic specialization; main research problems; scientific interests) and a possible link to the website/research team | My research centers on designing and evaluating the effectiveness of internet-based interventions (i.e., technology-assisted psychological programs) in the areas of occupational health, resilience, and the work-family interface. I am particularly interested in exploring strategies to expand the reach and applicability of these interventions. To achieve this, I experiment with various delivery methods (e.g., social media platforms, communication apps) and focus on enhancing key psychological variables, such as self-efficacy. |
| **Thematic areas** of planned doctoral dissertations | Internet interventions in the field of occupational health/ work-family/well-being/stress (with a particular focus on specific groups such as young adults, seniors, and minorities.).  |
| **Number of people** that the supervisor/scientific supervisor would be able to accept as a result of recruitment in the academic year 2025/2026: | **to the Doctoral School** (doctoral scholarship financed by SWPS University) | Number:1 |
| **for national and international research projects or grants** (doctoral scholarship financed from grant funds) | Number:Project name: |
| **to the Industrial Doctorate program** (doctoral scholarship financed by the Ministry of Science and Higher Education**)** | Number: |
| **for external mode** (no doctoral scholarship) | Number:1 |
| **Number** of currently conducted doctorates: | in Doctoral School | Number:1 (co-supervisor) |
| in external mode | Number: |
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| **The number of doctoral students promoted so far**, along with the year of completing their doctoral degrees: | 0 |
| **RECRUITMENT****Candidates should contact their selected potential supervisors who are members of centers and/or research teams** |
| **Conditions** to be met by the candidate in the field of: scientific interests; scientific competences; achievements to date; knowledge of foreign languages; social competences; availability, etc. | **Scientific Interests**Technology-assisted solutions in the field of occupational health psychology, with a particular focus on the work/family interface, stress, and job- and family-related well-being.**Scientific Competencies*** Proven scientific achievements, including publications, conference presentations, and posters.
* Strong analytical thinking skills.
* Advanced knowledge of statistical methods, with a willingness to learn and apply more advanced techniques.
* Proficient writing skills, particularly the ability to clearly express ideas and report findings in English, along with a readiness to further enhance these skills.

**Languages**Fluent in English, both spoken and written.**Social Competencies*** Effective team collaboration.
* Perseverance in achieving goals.
* Strong sense of accountability.

**Availability**Available approximately 7–8 hours per day, Monday through Friday. |
| **Preferences** regarding contact with the candidate during recruitment | x E-mail contact: please provide e-mail address*: esmoktunowicz@swps.edu.pl*☐ Telephone contact: *please provide phone number:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*x Personal meetings )*by prior arrangement by e-mail/telephone.)*☐ All forms of contact |
| **Preferred dates, times and location** (in the period March-June 2025) in order to conduct an interview with the candidate | - |
| **Information** about possible absence preventing candidates from contacting a potential supervisor (with dates) | - |